## **Transforming School Climate & Culture:**

Understanding how Trauma-Sensitive Practices, Restorative Practices, and De-escalation Strategies Align

A **Trauma-Sensitive** educator is prepared to recognize and respond to trauma. They understand the impact of trauma and design classroom and school systems and structures accordingly.

Restorative Practices are tools and strategies that a Trauma-Informed educator uses to build relationships, acknowledge and repair harm, and

To address behavior in the moment, a Trauma-Informed educator uses

De-escalation Strategies to avoid triggering a student. They know that a meaningful restorative conversation cannot happen until both parties are calm.

As we work to build school climates that address the needs of the Whole Child, various strategies and frameworks have been emphasized, namely trauma-sensitive practices, restorative practices, and deescalation strategies. While these frameworks may seem independent of one another, it is valuable to understand how these philosophies interact with and align with one another

Simply put, educators should view systems, policies, and structures through a traumasensitive lens. To sustain a trauma-sensitive school, restorative practices are integral to creating a culture that is able to respond to trauma. By implementing both proactive and responsive restorative practices with fidelity, an educator can better understand student triggers and identify which students might require higher-level trauma interventions. De-escalation strategies are used in real time in order to move both adults and students to a mental state where a restorative conversation can be productive.